- Brahms Lullaby 8.01
- 2 Sandman 9.18
- Hush-a-bye-baby 7.58
- 4 Shepherd's Lullaby 7.22
- Cradle Song 7.25
- Baby in the Cradle 9.15
- Golden Slumbers 8 21

Total Time 57 43

Recommended and used for more than a decade by Leading Maternity and Children's Hospitals worldwide.

Music for Dreaming started out as a simple idea and became a cherished vision: to soothe babies and adults through the universal language of music.

After years of careful research this continuous music has been created by Cherie Ross to replicate the rhythm of the resting heart beat and support natural sleep cycles. Using special keys and natural instruments these best-loved lullabies produce a uniquely calming experience.

Performed by the Music for Dreaming ensemble, which brings together the finest musicians courtesy of the Melbourne Symphony Orchestra.

Hearing is our first sense to develop. In the safety of the womb and in our sleep, we are aware of sound. Sshh. Listen ... Sweet Dreams



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Music for Dreaming

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